

BACK AN ATHLETE REPRESENTING NORTHERN IRELAND

National record holder. National champion. International competitor.

295 KG

Junior national deadlift
record

TOP 5%

Of athletes in recorded
international history

2026

Selected for the
Commonwealth Championships



AIDAN CONNEALY

RAW POWERLIFTING | UNDER 105 KG | JUNIOR

THE ATHLETE

Built on results, not hype.

I am a 21-year-old raw powerlifter competing in the under 105 kg class for the Northern Ireland Powerlifting Federation, the national IPF-affiliated federation. I have improved at every competition to date while moving from a first-time competitor to a national champion, national record holder and international representative.

NATIONAL RECORD

295 kg

Junior under 105 kg deadlift. Just under three times bodyweight.

NATIONAL CHAMPION

2025

Gold at the National Championships and the Spring Classic.

INTERNATIONAL

TOP 10

Represented Northern Ireland at the 2024 Commonwealth Championships in South Africa.

SELECTED AGAIN

WINNIPEG

Chosen to represent Northern Ireland at the 2026 Commonwealth Championships in Canada.

WHY THIS MATTERS NOW

The next international competition brings real costs. Travel, accommodation, entry requirements and preparation are largely athlete-funded. Support helps turn selection into a properly prepared performance, rather than simply getting to the platform.

Help that goes directly into competing.

The immediate focus is the 2026 Commonwealth Powerlifting Championships in Winnipeg, Canada. Support can be financial, practical or service-based. It does not need to cover the full trip to make a difference.

1

TRAVEL

Flights, checked baggage and local transport.

2

ACCOMMODATION

Competition hotel and any required travel-night stays.

3

COMPETITION COSTS

Entry fees, federation requirements and event-related costs.

4

PREPARATION

Physiotherapy, sports massage, recovery and other performance support.

5

KIT AND MEDIA

Training clothing, approved equipment and useful photo or video support.

6

GENERAL CONTRIBUTIONS

Any amount can be assigned to the most immediate competition cost.

CLEAR USE OF SUPPORT

A sponsor can choose a specific cost to support or make a general contribution. The agreed purpose will be recorded clearly, and I can provide reasonable confirmation of how the support was used.

No fixed tiers. Four straightforward routes.

The agreement should match what you can offer and what is useful to your organisation. A one-off contribution is welcome. A longer relationship can also be discussed.



FINANCIAL SPONSOR

Cash support toward travel, accommodation, competition costs or preparation.



SERVICE PARTNER

Support such as physiotherapy, sports massage, recovery, transport, accommodation, printing or media.



PRODUCT PARTNER

Useful equipment, clothing or approved products that genuinely support training and competition.



INDIVIDUAL DONOR

A personal contribution with no commercial expectation. Public or private recognition is optional.

For regulated products or services: anything connected to training or recovery must be appropriate for tested sport and compliant with anti-doping requirements.

Useful visibility, agreed in advance.

The return depends on the support provided, the timing and what is genuinely useful to the partner. Deliverables are agreed before anything is announced.



PUBLIC ANNOUNCEMENT

A clear post announcing the support or collaboration and explaining what the partner has helped make possible.



LOGO VISIBILITY

Logo placement on selected training or travel clothing, including shirts worn in training rooms where practical.



PHOTO AND VIDEO CONTENT

Usable photographs or short clips featuring the agreed clothing, product, service or location.



SOCIAL RECOGNITION

Tags, mentions, thank-you posts and selected updates during preparation or travel.



WEBSITE RECOGNITION

Partner name, logo or acknowledgement on the athlete website for an agreed period.



CUSTOM COLLABORATION

A tailored idea such as a staff visit, Q&A; gym appearance or sponsor-specific content where practical.

IMPORTANT

Competition-day clothing and venue branding are controlled by federation and event rules. Unless specific approval is available, logo placement will be on training, travel or media clothing rather than the competition platform kit.

Examples, not packages.

01

LOCAL BUSINESS FUNDS A FLIGHT

Public sponsor announcement, logo on an agreed training shirt, selected training or travel photos, social recognition and website acknowledgement.

02

PHYSIO PROVIDES PREPARATION SUPPORT

Announcement as a service partner, relevant recovery content, agreed photo or video material and recognition during the preparation period.

03

HOTEL OR TRANSPORT SUPPORTS THE TRIP

Acknowledgement as an accommodation or travel partner, location-based content where suitable and a clear explanation of the support provided.

04

INDIVIDUAL MAKES A DONATION

The contribution goes toward the agreed competition cost. The donor can be thanked publicly, listed privately or remain anonymous.

GET IN TOUCH

TELL ME WHAT YOU CAN OFFER. I WILL BUILD A CLEAR PROPOSAL.

There is no minimum contribution and no need to choose from a preset package. Share the type of support you are considering, any goals you have for the collaboration and the timeframe you are working with.

GET IN TOUCH

1

Use the contact details or form on the website where you found this pack.

DISCUSS THE FIT

2

We agree what is being provided, what you receive and what can be delivered realistically.

RECEIVE A PROPOSAL

3

You receive a concise written proposal covering deliverables, timing and any costs.

CONTACT DETAILS

EMAIL

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OPENPOWERLIFTING

<https://www.openpowerlifting.org/u/aidanconnealy>

AIDAN CONNEALY

NORTHERN IRELAND POWERLIFTER | NATIONAL RECORD HOLDER | INTERNATIONAL ATHLETE